

CYCLONE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE

Wash your hands with soap and water to prevent infections and diseases



Before handling water



Before preparing food



Before eating



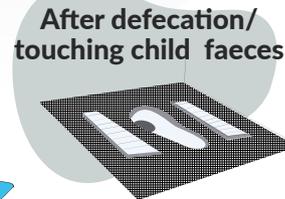
Before feeding



After coughing/sneezing

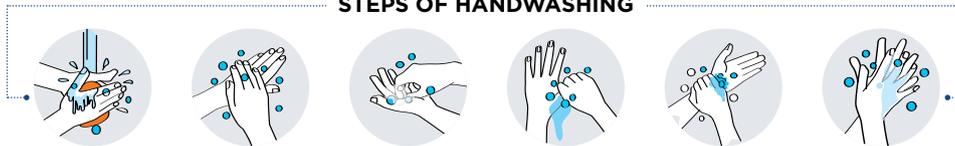


After touching garbage



After defecation/touching child faeces

STEPS OF HANDWASHING



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Drink and cook with water you know is safe

Safe water is

- COLOURLESS
- ODORLESS
- TASTELESS

An illustration of a person in a black and orange shirt drinking water from a blue bottle. Next to them is another blue water bottle.

and free from chemical, biological and physical contaminations



Treated by boiling/
chlorination/using
ceramic filter



Collect from
a protected
water point

Store water safely;
cover to prevent
contamination,



Avoid contaminating
water by touching
while filling,
transporting or pouring



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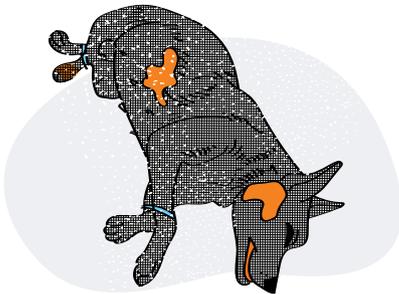
Clean surroundings



Dispose all waste according to instructions from authorities



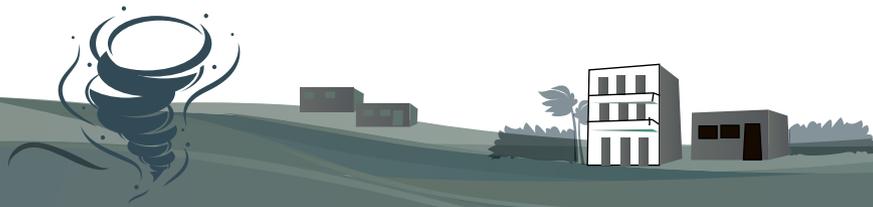
Do not spit in the open



Cover animal carcasses with lime in case not removed by authorities



Remove stagnant water around house/camp to prevent breeding of mosquitoes



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Open defecation spreads diseases

Always use a toilet



Keep toilets clean



If toilets are not accessible, use temporary toilets away from houses and water sources



Safely dispose all faeces including that of babies and children



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What to carry in your Go-Bag: When you are faced with a cyclone situation you need to carry essential items. Tick what you have put in the go-bag.



Emergency contact information



Original and duplicate copies of vital records and documents must be kept in plastic waterproof bag and/or in digilocker



First-aid kits



Soap



Masks



Sanitary pad



Torch with extra batteries



Plastic bags and string to tie



Water purification tablets



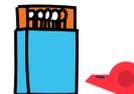
Prescribed medications



Plastic sheet and duct tape



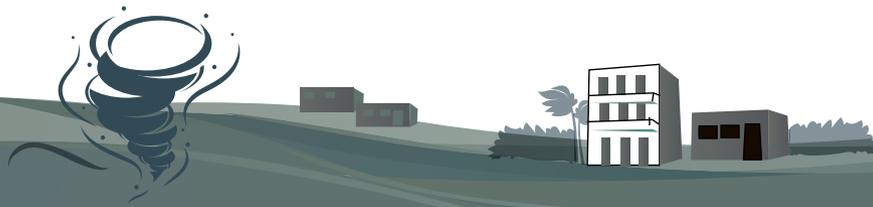
Multipurpose tool 'knife'



Matches and whistle



Set of dry clothes and towels



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